



ARE YOU READY FOR SUCCESS?

See how Personality
Dimensions® and Jenny Gleeson
can change your life.



Meet your Facilitator, Jenny Gleeson.

Australia's MAIN provider of
Personality Dimensions.®

An award-winning Coach and Consultant, Jenny Gleeson Coaching and Consulting has been running successful team and relationship-building workshops within Australian organisations for over 14 years.

Using the latest Canadian profiling tool (Personality Dimensions®), she facilitates highly involved, hands-on workshops that teach how to better communicate and relate to others, creating harmonious, efficient and respectful relationships in all aspects of life.

Jenny brings a powerful yet incredibly approachable energy to her workshops, and clients have seen great shifts in workplace, home and school cultures.



WHAT IS PERSONALITY DIMENSIONS®?

Personality Dimensions® is a profiling tool created by Canadian experts and backed by empirically sound research. It is an excellent tool to help individuals and teams understand how they prefer to show up in the world. These important insights are achieved through in-person, interactive card sorts or via various online assessments.

In a business sense, understanding yourself and others more effectively leads to a happier and more efficient team. In a school environment, it offers teachers a model to provide differentiated learning opportunities for their students. For individuals, it is a great way to gain deeper insights into self and others to improve relationships, gain career clarity, and improve communication.



Jenny Gleeson is currently the ONLY person in Australia and New Zealand qualified to facilitate (run) Personality Dimensions® Level I Facilitator training workshops.

Just a taste of who's engaged with Personality Dimensions®

The following organisations have utilised Personality Dimensions® for effective communication and engagement:

These organisations have also used my services:

- ✓ Murdoch University
- ✓ St. James Anglican School
- ✓ Edith Cowan University
- ✓ Regional Development Australia
- ✓ Flex industries
- ✓ Wilmot Engineering
- ✓ Esperance Senior High School
- ✓ Headland Womens' Wellness



Want to see more?



Building Blocks of Personality Dimensions®

This half day (3 - 4 hour) workshop facilitated by Jenny Gleeson, can be customised to your needs, whether you're looking to improve your work environment, family/home life, embed it into a school, or if you are interested on an individual level. Workshops are either facilitated in a group scenario or one on one.

In 3-4 hours, you will learn about:

- The four personality types and what characterises each one
- Your team/family member's personality types, and
- What motivates and inspires them
- How to communicate effectively with them
- How they like to work
- and so much more!



This is your
first step.

“ [With Jenny] you would discover if you were a naturally organised person, compassionate, resourceful and more. In discovering this, both you and your colleagues can learn how to work with maximum results in a harmonious environment. I have already recommended Jenny to other organisations and will continue to use her expertise wherever possible.”

Caroline Marshall
Director
Facilitatrix

Building Blocks

The first introduction to Personality Dimensions® is called **Building Blocks of Personality Dimensions®**.

ITEM	DETAIL
Duration:	3 - 4 hours
Location:	Online or in person or in a group workshop
Workshop Price	\$2,500 + GST

*If you would like to package this workshop, prices are open to discussion.

Workshops you can add on:

You can add any of the listed workshops to your Building Block package. They each give an in-depth look at a certain element of Personality Dimensions®.

Can't fit them in today? No problem! You can participate in these workshops at any time.



Life Values: A reflective exercise where each participant rates where they place value on areas in life.

At Work: A look into how participants like to work - from responsibilities and deadlines, to whether they prefer solo or team work.

In Relationships: By understanding their own relationships, participants get a better understanding of themselves and their partners, family members or employees.

In Communication: An in-depth look at preferred communication methods between the four personality types - tone, directness, verbal vs written, and how to best get your message across.

In Conflict: How do participants usually respond to conflict? Learn the classic conflict styles of each colour and how to best manage reactions.

Traits & Characteristics: A series of rankings to determine what participants most respect and identify in their own lives in order of importance.

Pricing:

90 Minutes: \$1,500

1/2 Day: \$2,500

*Prices do not include GST

You have
the option to
delve further...

“The whole point of being alive is to evolve into the complete person you were intended to be.”

Oprah Winfrey

“The most important thing in communication is hearing what isn’t said.”

Peter Drucker

“If that person feels that you respect them, you honor them, you accept them, you will own them as long as you remain open.”

Tony Robbins

Wellness Workshops

Once people have had a taste of the **Building Blocks of Personality Dimensions®** they’re ready for more!

There are multiple Wellness Workshops to choose from, focusing on specific areas that help improve your relationships, retain your employees and add value to your home life.

These workshops are available in 90 minute workshops, or half day workshops for those wanting a deep dive.

Facilitator Training Packages

	PACKAGE 1	PACKAGE 2	PACKAGE 3
3 Day Level 1 Facilitator Training	✓	✓	✓
Level 1 Facilitator Pack from Canada (\$550 + GST)	✓	✓	✓
Interview required for suitability	✓	✓	✓
Open book assessment included	✓	✓	✓
Can deliver Personality Dimensions® in-house	✓	✓	✓
Bi-monthly mentoring for 12 months		✓	✓
Access to the Jenny Gleeson Facebook Group		✓	✓
Invitations to Jenny Gleeson Personality Dimensions® events		✓	✓
Support running your first Building Blocks of Personality Dimensions®		✓	✓
Feature on the Jenny Gleeson website		✓	✓
Annual refresher course + paid invitations to co-facilitate future workshops			✓
	\$4,235	+ \$750 + GST per annum	+ \$1,000 + GST per annum

Take it to the next level by becoming a trainer!

Jenny brought a new direction to the company and the impact of her work has already made positive differences to Flex Industries.”

Mark Wilson
Managing Director
Flex Industries

“A company is people ... employees want to know... am I being listened to or am I a cog in the wheel? People really need to feel wanted.”

Richard Branson

Facilitator Training

My Train the Trainer program offers a one on one training course held over three days.

At the end of the three day course (and an open book assessment), you will be a qualified Level 1 Facilitator, and can run **Building Blocks of Personality Dimensions®** within your own organisation!

It is important to note that only people who have participated in a **Building Blocks of Personality Dimensions®** workshop are eligible to become a Level 1 Facilitator.

Official
Personality
Dimensions®
assessments
are now
available
online.

Online Assessments

If you're interested in learning a bit more about Personality Dimensions® before a deep dive with Jenny, there is the option to complete a range of online assessments.

These online assessments range from **Personality Dimensions® (Basics)**, to **Youth Assessments** and **Retirement Dimensions**.

After completing an assessment, an in-depth report will be generated about you, your personality, your stressors, communication styles and more. Depending on which report you choose, you will receive between 8 and 38 pages of insights into yourself.

Reports start at \$50 + GST



Scan here
to start!

Online Assessments

Gain a deep insight into yourself and others with a range of online assessments. Starting from only **\$50 + GST**.

Values and Skills Action Planner

Explores what you value, and the skillset you have. Knowing these can generate an in-depth report about how to use your values and skills to your advantage.

Personality Dimensions® Basics

This assessment has been designed and written for adults in easy to understand language.

Career Dimensions

Career Dimensions™ Online focuses on individual work preferences. Find out which career best suits you, and steps you can take to get you on the right path.

For Youth (13 - 25)

The PD for Youth™ Profile Report explores the Characteristics, Likes, Needs, Skills, Strengths and Potential Weaknesses of each colour.

Adult Classic Assessment

This is a full, in-depth investigation into your personality colour and style. Find out which of the four Personality Dimensions® you most align with, and how that affects your work life, family life, your individual communication styles and so much more.

Retirement Dimensions

Retirement Dimensions™ Online will help you assist those who are contemplating their retirement, are newly retired and those who are interested in broadening their retirement activity options.



REVIEWS

What Others Have Said

“Jenny was engaged by Flex Industries to assist Flex with resolving workplace and employee concerns that were preventing the company from taking its next strategic step and achieving its strategic aims. Jenny brought a new direction to the company and the impact of her work has already made positive differences to Flex Industries.”

Mark Wilson
Managing Director,
Flex Industries

“Jenny presented a superb Personality Dimensions® workshop to my staff. She was professional, engaging and very articulate. My staff and I found the workshop and the manner in which it was presented to be of the highest standard and extremely beneficial to our team.

Keenan Rodericks,
Principal, Esperance Education Support Unit

Let's get started!

To make sure you're selecting the right package for your needs, make sure to get in touch!

Your first 20 minute consultation is FREE.

CALL: 0433 884 847

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